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# Live Webinar Schedule 2026

All webinars run from  
12:30p.m. to 13:30p.m.

Webinars can be  
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**JAN** 22

New Year Resolutions

Thriving at Work  
and Beyond

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**FEB** 11

Internet Safety Day

Raising Digital-Savvy  
Kids in a Connected  
World

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**MAR** 19

International Day of  
Happiness

Finding Joy in Work

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**APR** 23

Start of Public Exams

Supporting Your  
Child Through Exam  
Season

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**MAY** 14

Mental Health Awareness  
Week, UK

Getting Beyond  
Lonely

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**JUN** 10

Carers Week, UK

Building Carer  
Networks

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**JUL** 2

Pride Month

Intersectionality,  
Identity  
and Belonging

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**SEP** 17

ADHD Awareness (Oct)

Neurodivergence  
Now

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**OCT** 8

National Work-Life Week,  
UK

The Power of NO

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**NOV** 19

Great Expectations:  
Insights for New and  
Expectant Parents

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