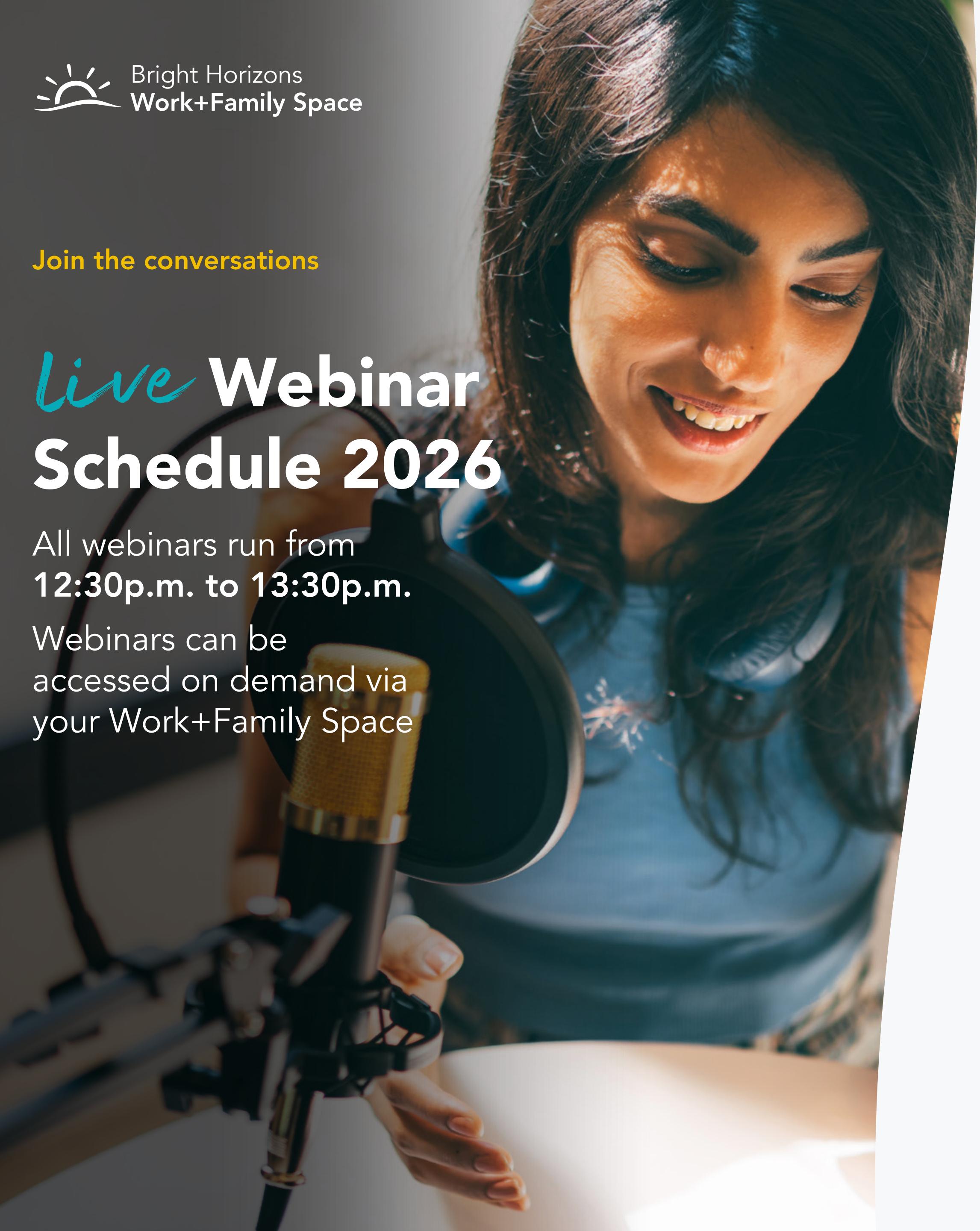


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# live Webinar Schedule 2026

All webinars run from  
**12:30p.m. to 13:30p.m.**

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JAN  
22

New Year Resolutions

Thriving at Work  
and Beyond

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FEB  
11

Internet Safety Day

Raising Digital-Savvy  
Kids in a Connected  
World

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MAR  
19

International Day of  
Happiness

Finding Joy in Work

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APR  
23

Start of Public Exams

Supporting Your  
Child Through Exam  
Season

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MAY  
14

Mental Health Awareness  
Week, UK

Getting Beyond  
Lonely

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JUN  
10

Carers Week, UK

Building Carer  
Networks

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JUL  
2

Pride Month

Intersectionality,  
Identity  
and Belonging

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SEP  
17

ADHD Awareness (Oct)

Neurodivergence  
Now

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OCT  
8

National Work-Life Week,  
UK

The Power of NO

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NOV  
19

Great Expectations:  
Insights for New and  
Expectant Parents

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