

**Discover
our
Learning
Journey**



**Providing exceptional care and
education for babies and children
aged 3 months - 5 years**


Bright Horizons
FAMILY SOLUTIONS®



A photograph of two young children, a boy and a girl, holding hands outdoors. The boy is on the left, wearing a white t-shirt with red and blue stripes and dark pants. The girl is on the right, wearing a pink t-shirt and blue pants. They are both looking towards each other. The background is a blurred green field with trees. A blue circular graphic is overlaid on the image, containing the text 'Welcome... Let us take you on a Journey'.

Welcome...

**Let us take you
on a Journey**

What makes Bright Horizons Early Learning and Childcare the right early years partner for you and your family?

At Bright Horizons we understand that selecting a trusted childcare provider is one of the most important decisions a parent makes; you are filled with many emotions and countless questions.

It is our privilege to nurture each child we welcome into our nursery and to accompany them as they embark on

the exciting journey of exploration, discovery and learning.

This guide aims to answer any questions you may have and when followed by a tour of your chosen Bright Horizons Early Learning and Childcare Centre will offer reassurance about your selection.



Your Baby's Journey

An exceptional place for your child to start their Learning Journey.



We provide you with the peace of mind and reassurance that your baby will be lovingly cared for. Our nursery life offers interactive and stimulating activities to nurture and encourage development throughout the day.

Your baby will be in a safe environment, filled with opportunities to actively explore and discover. We help your baby start to understand the world by exploring sensory environments, filled with visual stimuli, different sounds, textures and smells.

Your baby will enjoy a variety of surroundings with soft, safe places to roll over, crawl, pull up and explore their developing physical powers.

Through respectful interactions our trained staff will help your baby foster early language development with one on one conversations, finger rhymes and songs, and the magic of books shared snuggled up on a lap.

We support you with how you have chosen to feed your baby, if you are continuing to breast feed or if your baby is bottle fed. We will also help and follow your routine during the weaning/complimentary feeding stage and help your baby with the transition to solid foods.





Your Toddler's Journey

As babies develop into busy, inquisitive toddlers we provide the learning experiences to support them on their journey as two year olds. Being a toddler is both exciting, and a little daunting, and we are there to nurture your toddler's desire to explore and investigate.



Your child is further exploring their powers to communicate, to move purposefully, to assert independence and control important bodily functions. It is a powerful time full of emotions, struggles, delights and achievements and we are there to help them navigate this stage of their Learning Journey with us.

We provide an abundance of enjoyable activities and experiences to encounter for the first time, then to explore again and again, as new skills and new words are mastered and refined. Our trained practitioners understand the world of toddlers and provide supportive, nurturing guidance that balances the need to be independent with the need for reassurance from caring adults.





Your Preschooler's Journey

Now your child is three, they have become a confident explorer of the world and seek new challenges. Our preschool programmes are designed to provide the teaching and learning that grows confident readers, writers, mathematicians, scientists, athletes and artists.



Curiosity and the drive to question, investigate and test out ideas grows in children during the preschool years. We will support your child to grow in confidence and be more independent, solve problems, work with others and develop an understanding of how the world works so that they leave us with a lifelong love of learning.

The Bright Horizons programmes for learning are designed to lay the pedagogical foundations that give your child the confidence to:

- Be ready to read; confidently equipped with the desire, vocabulary, and language-deciphering skills they have developed through experiences that are meaningful to them.

- Approach the world with curiosity and the knowledge and skills that lead to success in mathematics and science; a growing interest in the properties of things and the relationships and forces that exist in the natural world.

- Use their personal and social skills of listening and communicating with others, self-discipline, patience, team work and ability to solve problems.

Through a rich variety of projects, children investigate the fascinating world in which they live, enhancing the development of emerging knowledge and skills. A balance of child-initiated and adult-led guided learning across a balanced curriculum are provided throughout the day.



What Makes Bright Horizons So Unique?



- **Bright Horizons** Early Learning and Childcare have received the **Royal Society for the Prevention of Accidents (RoSPA) Gold Medal Award** recognising our continued commitment to Keeping Everyone Safe™.
- **Bright Horizons** Early Learning and Childcare is proud to comply with the Setting the Table Guidelines in Scotland and to have achieved the **Action for Children Menu Checked*** accreditation.
- **Bright Horizons** Early Learning and Childcare have been awarded **Top 20**

Recommended Nursery Group in the UK 2018 by daynurseries.co.uk based on our parent's reviews.

- **Bright Horizons** Early Learning and Childcare have been officially recognised as **one of the UK's Best Workplaces since 2006 by the Great Place to Work institute.**
- **Bright Horizons** Early Learning and Childcare train and develop their own exceptional workforce of highly-qualified Early Years practitioners.

*A small minority of nurseries may differ so please check at your specific nursery

At Bright Horizons our culture is built on our commitment to

- **Keeping Everyone Safe™** by providing
- **Exceptional Care and Education** delivered by an
- **Exceptional Workforce.**



Keeping Everyone Safe™


Your
priority
is our
priority



At Bright Horizons your number one priority is ours – **Keeping Everyone Safe™** is embedded into our culture. Each individual practitioner shares responsibility for Keeping Everyone Safe™ as a key component of the way we work. Nothing is more important to us than the safety and wellbeing of the children in our care.

We are proud to have received a **Gold Medal Award** from the Royal Society for the Prevention of Accidents (RoSPA) every year since 2012.

We maintain rigorous health and safety practices compliant with regulatory standards. Qualified First Aiders are present at all times within all of our nurseries, and our practitioners are trained in health and safety, child protection and hygiene practice.




Candy Floss is our Health and Safety mascot who teaches children how to **'Stay Safe!'**.

We welcome internal experts and external organisations who audit our nurseries regularly, to ensure we are offering the highest standards, are consistent in our approach and support our objective of continual improvement.

Candy Floss is our unique Health and Safety mascot who teaches children how to 'Stay Safe!'. Our teams use Candy Floss to help children recognise and manage risk, embed essential safety messages and to provide key skills that help set them up for a safe future.

Candy Floss is always busy – assisting with activities, ensuring children take the correct precautions, making sure children wash their hands and accompanying them on external visits - to name but a few of his daily tasks!

Exceptional Care and Education



Our approach to learning builds the foundations for reading, writing and mathematics.

With reassuringly high standards of care, we put your mind at ease when leaving your child at our nursery by providing a safe, loving and stimulating environment for your child.

We provide excellent facilities, individual attention and relevant and interesting stimulus your child needs to feel happy and confident in our care.

We take the greatest care to provide the right level of support and encouragement so your child can grow in confidence, build on important social skills and learn at their own pace.

Our nurseries are registered and inspected by the Care Inspectorate.

Our nurseries follow the Scottish Government's national guidance document: 'Pre-Birth to Three: Positive Outcomes for Scotland's Children and Families' and the Curriculum for Excellence.

These ensure we provide the best experiences for our youngest children and a broad education for our children over three. We develop skills for learning, for life and work, with a real



focus on literacy and numeracy and promote an active and healthy lifestyle.

Our **approach to learning** builds the foundations for growing confident learners who leave us happy and with a love of learning.

Please read our **Ready for School** guide for further information.

Growing Writers 

Growing Readers 

Growing Scientists 

Growing Artists 

Growing Up Healthy 

Growing Mathematicians 

Exceptional Care and Education

Up to 8 weeks
of free and
bespoke
settling in
sessions.



Our warm and welcoming environments, thoughtfully designed with rich learning experiences, allow your child to grow in confidence surrounded by support and encouragement.

We provide a safe world where each child receives individual attention from caring staff who follow the same comfortable routine your child has at home.

By establishing and maintaining open and ongoing communication with you, we are able to strengthen the ties that connect your home with our nursery.

Key persons and our bespoke settling-in programme help to make a smooth transition through each stage of your child's journey with us.

We invite parents to meet with us regularly to understand and explore their child's Learning Journal, ensuring a consistent approach within the nursery and at home while strengthening our partnership with parents.



In a technological age we realise the importance of children experiencing and exploring safe, developmentally appropriate ICT (Information Communication Technology).

Technology allows children to learn on a whole new level. We support their development with a wide variety of ICT resources such as interactive whiteboards, digital cameras, light tables and remote control toys.

In order to ensure that the children in our care can enjoy learning with new technology, we implement the highest standards of security to ensure children remain safe and also educate them to ensure safe practice in the future.

Exceptional Care and Education

**Award
winning
Care and
Education**



When it comes to young children's development, the outdoors is of equal importance as the indoor environment.

As well as the obvious health benefits, the outdoors provides a natural learning environment that is vital for a child's learning and development.

Every nursery's outdoor space is different and we offer children the opportunity to develop their imagination and creativity through play whilst planting and growing, reading books in dens, exploring water features, bug hotels and much more.



Exceptional Care and Education

Top 20
daynurseries
Group
Award



The daynurseries.co.uk Top 20 Nursery Awards 2018 highlight the most recommended Nursery Groups in the UK.

We are very proud to be in the top 20 as this award can only be achieved by receiving positive parent feedback.

This enables potential families to read our current and previous family reviews

and experiences which will give them a first-hand insight into our nurseries.

We hope by reading other parent reviews that this will give you the confidence you are making the right decision by choosing one of our nurseries.

 daynurseries.co.uk

Exceptional Workforce

Our internal training programme enables our staff to grow and flourish.




Bright Horizons
FAMILY SOLUTIONS

When you leave your child with us, you can take reassurance in the knowledge that they are being cared for by highly-qualified and responsible professionals who are passionate about their role and your child's journey with us.

Your child will be surrounded by warm, friendly staff who take a genuine interest in each child's development. We want your child to be happy and

content and create an environment in which they can flourish.

We care passionately about what we do and our HEART principles guide us to support one another in the important role we fulfill each day.

Every child will have a key person who is dedicated to supporting and recording their development.

Food for Thought

Good, nutritious food is important to us and we are proud to have our menus rigorously assessed and accredited.



We know how important it is to provide growing children with healthy, nutritionally balanced meals using a selection of fresh ingredients.

Our nursery menus are carefully planned in consultation with professional nutritionists and offer children opportunities to experience different foods and develop healthy eating patterns.

Breakfast, dinner, tea and all snacks are included in our fees and all meals are freshly prepared each day by our dedicated team of Chefs*.

Our due diligence ensures that the sodium and sugar content of our meals is in line with the current guidelines set for children aged 1-4 years.

*A small minority of nurseries may differ so please check at your specific nursery



**For further information please visit:
brighthorizons.co.uk**



Discover
Us...

brighthorizons.co.uk

Contact
Us...

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