Preparing for a day of Out of School Club



Your child is currently scheduled for back-up childcare, which means that your child's back-up care will take place within an Out of School Club. Out of School Clubs are designed to be warm, inviting places where children and parents feel welcome and special. Staff will help your child's transition to an unfamiliar place, and will offer engaging opportunities for play and discovery.

Whether you use an Out of School Club once or many times, childcare experts try to ensure individualised care, good communication and partnership between parents and staff.

Each Out of School Club will have its own policies and procedures that may supplement or supersede the following guidelines. We recommend that you call the setting in advance of the day of care if possible. The Out of School Club will have more information they would like to share with you if this is your first time at this particular setting. If time permits, we would encourage you to visit the Out of School Club with your child(ren) before the date of care.

Preparing for your visit to the Out of School Club

To start your child's day off right, consider his or her individual needs and what will make your child feel comfortable in a new environment.

Check with the Out of School Club you will be visiting to determine if snacks and lunch are provided or if you should prepare snacks and lunch for your child.

Please note that policies for heating/refrigerating food vary and some settings may not be able to refrigerate or heat lunches brought to the setting.

- Out of School Clubs may also be nut-free or nut-safe and may not allow any food items that contain nuts (or other food items that may cause an allergic reaction)
- For safety reasons, most Out of School Clubs discourage drawstrings and dangling jewellery, particularly for younger children
- Please be sure to send a change of clothes with your child to the setting as they may be needed if a spill occurs
- Please check the Out of School Club's activity programme to ensure you send your child with the appropriate clothing and equipment i.e. swimming kit, sports kit, apron
- Please provide your child with weather appropriate clothing i.e. suncream, sunhat, waterproofs
- Please label all items with your child's full name

