

SCOTLAND

Welcome to Bright Horizons

At Bright Horizons, children
are not just learners;
they are thinkers, feelers,
explorers and dreamers.

This is more than childcare.
This is childhood.



Let us show you around. You can follow the journey or simply click where you want to go



Welcome



Discover the Bright Horizons difference:
The Nurture Approach.

Babies



Find out more about our
safe, comforting and
stimulating baby rooms.

Toddlers



Learn how toddlers
discover new things, in
new ways, every day.

Preschoolers



See how we prepare
children for school,
supporting confidence
as well as hitting
milestones.

Food



Explore our approach to
mealtimes, and how we
create nutritious menus
for every age and dietary
need.

Outdoors



Step outside and see the
wonders nature has to
offer at a Bright Horizons
nursery.



Our partnership with you

Learn how we'll work with you to support your
child's development.



What's next?

How to book a visit and some final thoughts.

A warm welcome from the very *beginning*

Starting nursery is a big moment, and it's completely normal to feel a mix of excitement and nerves. We understand that this change affects your whole family, and from the very beginning, we're here to support you every step of the way - with care, patience, and understanding.

A familiar face you can trust

Your child will be gently welcomed by a dedicated Key Person who takes time to really get to know them - their routines, their comforts, and what makes them feel happy and secure. Having a familiar, trusted face each day helps your child feel safe, loved, and understood, making it easier for them to settle in, build confidence, and start forming new friendships. For you, it also means having a consistent, caring point of contact you can rely on.

A big step, taken together

We believe the strongest foundations are built together. Through unhurried settling-in sessions, daily conversations, and regular check-ins, we work closely in partnership with you. By sharing what matters most about your child and staying connected as they grow, we help ensure their nursery experience feels like a natural extension of home - supporting both you and your child right from the start.





Introducing Our Nurture Approach

Children are more than simply learners of facts and figures. Every child is an individual, and they learn best when they feel safe, supported, and free to follow their natural curiosity.

This belief shapes everything we do and sits at the heart of our Nurture Approach. It's more than care and education; it's how we create the right environment for children to feel secure enough to explore and question, confident enough to try new things, and inspired to learn in their own way.

The Nurture Approach brings together **three elements** that work together every day to support your child. It goes beyond early literacy and maths, focusing on giving children meaningful experiences, practical skills, nurturing relationships and consistent care - helping them truly thrive.



The three pillars of the Nurture Approach

Our Curriculum

Our Bright Beginning Birth to Three Scotland Curriculum goes beyond basic academic foundations, with learning experiences that aid problem-solving, critical thinking and practical skills as much as maths, reading and writing. In our preschool rooms, we use The Curriculum for Excellence to help your child become confident individuals, successful learners and find their place in the community.

Emotional Wellbeing

Throughout the day and in every moment, we guide children in understanding their feelings, as well as teaching them how to navigate and express themselves constructively. This helps them grow into confident and resilient individuals, able to meet life's challenges with self-assuredness and empathy.

Our People

Our practitioners bring the Nurture Approach to life every day. Highly trained and deeply caring, they build trusting relationships with each child, understand their individual needs, and inspire their learning through encouragement, fun, and expert care - helping every child become the very best version of themselves.



[Click here to find out more about the Nurture Approach.](#)



SEND & Thrive®

For when children need a little *extra* support

SEND

We support every child as an individual, recognising that some may need extra help at different stages of their development. SEND (Special Educational Needs & Disabilities) support is part of everyday nursery life, delivered by knowledgeable practitioners who work closely with families to ensure children feel included, confident, and able to thrive.

Our support includes:

- Individual learning and support plans
- A dedicated SEND practitioner in every nursery
- Close partnership with parents and carers
- Support with referrals and specialist agencies (e.g. speech & language, occupational therapy)
- Inclusive environments tailored to each child's needs

Thrive®

Thrive® offers additional emotional and wellbeing support when children are experiencing unsettling or unexpected life changes. Led by licensed Thrive® practitioners, it provides gentle, tailored support to help children:

- Manage big emotions and behaviour
- Build secure relationships
- Cope with change, loss, or disruption
- Express feelings through play and creativity

**For more information, check
out our website.**



Keeping everyone
**safe &
happy**

Your child's safety is
our *biggest* priority

Candy Floss

Ofsted says:

“Candy
Floss is a
‘highly effective’
learning
resource”.

Safeguarding is central to
everything we do.
Every colleague plays a role in
protecting children, supported by clear
leadership and accountability

Our approach includes:

- Safeguarding embedded in daily routines
 - Defined leadership at all levels
- Global oversight to maintain best practice

Safety in practice

Children's welfare always comes first, with trained teams following clear procedures to ensure consistent care and protection.

- Ongoing safeguarding training with clear records
- Clear procedures for concerns, disclosures, and allegations
- Careful monitoring of attendance, injuries, and wellbeing
- Safe supervision, visitor management, and appropriate use of digital devices
- Strong partnerships with parents, carers, and external agencies
- A "Sense Something, Say Something" culture that encourages concerns to be raised quickly

Learning about safety

Through Candy Floss, our blue-striped zebra safety mascot, children are introduced to health, hygiene, and risk in a fun, age-appropriate way.

- Child-friendly safety education
- Learning through stories, play, and familiar characters



A baby with light hair and blue eyes is lying on a light-colored carpet. The baby is wearing a white long-sleeved shirt with a colorful floral pattern. They are looking directly at the camera with a curious expression. In front of them is a shiny, reflective metal ball. To the left, there are some wooden toys, including a ring stacker. In the background, a person wearing a blue shirt is partially visible, sitting on the floor. The overall scene is a close-up of the baby's face and the toys.

Your **baby's** experience

(6 - 18 months)

The *biggest* discoveries*

*are about yourself



Bishopsbriggs



Cramond



Elsie Inglis

Growing your baby's world

As every parent knows, in their first year, babies need an unlimited amount of love, care and attention. That's why our practitioner to baby ratio is at least one member of staff to three babies, ensuring they get all the nurture they need.

Our baby rooms are designed to be warm and welcoming. We mirror the comforts of home, creating a calm and peaceful environment mixed with plenty of interactions, playful song and rhyme sessions and hands-on sensory fun, to help every little explorer learn, grow and stretch every day.

We'll keep you informed via the Family app, sharing details of their activities and progress daily.

"Our child started at Bright Horizons when he was 9 months old and from day one he loved it. The staff have been fantastic with him and it's great to see how happy he is when he's there. We love the updates that they provide on the app so we can see what activities they will be getting up to during the day, and we love that each day is different."

Bright Horizons Parent

A warm welcome

Each day begins with a familiar, reassuring welcome, where we'll check in with you to understand how they are and support them throughout the day.

Play, care & connection

Nurturing relationships are at the heart of your baby's day. With cuddles, stories and songs, babies are gently encouraged to explore sensory play, indoors and out.

Rest & routine

Sleep is an important part of the day. Calm, soothing spaces reflect your baby's home routine, helping them feel secure and well-rested.

Feeding your baby

We follow your baby's individual feeding routine, supporting breast and bottle feeding, and working with you as they begin weaning.

Home Time

After a day of care, play and connection, your baby heads home content and comforted. We'll share updates on their naps, feeds and those all-important little milestones.

**Discover a day in the life of
your baby**



Your toddler's experience

(18 months - 3 years)

Handwriting*

*Starts here.





The Treehouse



Cramond



First Class

Expanding your toddler's horizons

Our toddler rooms are thriving, happy, special places with communal areas and quiet nooks, where your child can develop their independence and social skills.

Activities are thoughtfully planned, encouraging children to start making their own choices and discoveries. From making new friends and learning to take turns, to finding out which leaf floats or what kind of gloop squishes the best, your toddler learns new things in new ways, every day.

"Since my daughter started at Bright Horizons four months ago, I have noticed such a difference in the way she is. She's more comfortable around people, she's taking such big leaps in her talking and has picked up so much."

Bright Horizons Parent

Ready for a day of fun

We know the morning transition to nursery can sometimes be tricky, that's why your dedicated Key Person will ensure each child's journey and routine is personalised, smoothing the transition from reluctant goodbyes to happy hellos.

Imagination, choice & play

From choosing breakfast to bug hunts, story-time and messy play, all your toddler's daily adventures will ignite their curiosity and develop their thinking and problem-solving skills. Our skilled practitioners will provide new words to extend their vocabulary, encouraging your toddler to express their views and say what they need and how they feel.

Winding down

After lunch with their friends, afternoons offer up a chance to relax or recharge, whether that's quiet time with their favourite book or some yoga.

Happy end to the day

When its time for home, with teatime under their belts, their smile when they see you will be the best part of your day.

Discover a day in the life of
your toddler



Your preschool's experience

(3 years - starting school)

VIPs*

*Very individual people



Livingston



Bishopsbriggs



The Treehouse

More independence, at their own pace

Our Preschool introduces a gentle, reassuring step towards school life. Children begin to take part in more structured experiences, joining in, and often leading, group activities, and can choose to wear an optional Preschool uniform on days they want to feel especially grown up.

Preschool is a time for children to build on what they have already learnt, while discovering new ideas and taking on exciting challenges. We help each child explore early literacy, maths, practical skills and communication through conversation, open-ended play and real-world experiences. Nursery rhymes turn into early counting, trailing a stick through mud becomes the start of writing their name, and being 'mealtime helpers' at lunch introduces numbers, turn-taking and confidence.

See how we nurture school
readiness

A confident start to the day

For your preschooler, each arrival brings a new day of discovery. They're ready to catch up with friends, excited for the apple crumble on today's menu, and looking forward to a dance session – all supported by their Key Person.

Learning through everyday experiences

Throughout their day, we use actions, experiences and open-ended questions to stretch and challenge your child in areas such as problem-solving, memory and information processing.

School readiness in action

We also introduce them to age-appropriate maths, reading, writing, science and art, through our Ready for School programme. This is underpinned by our Bright Beginnings Curriculum, where interconnected learning is key

Outdoor adventures

The fun continues in the great outdoors, where your child can hone their coordination (and their competitive edge) while racing their bestie on the tricycles, or cultivate their green fingers in the vegetable patch.

Self-care & wellbeing

We also support children in learning to care for themselves, with time to pause, reflect and unwind. Calm spaces, gentle movement and sensory experiences help children understand their emotions and feel ready to learn.





Magical mealtimes

At Bright Horizons, food is about more than nutrition. Mealtimes are moments of care, connection, and learning - helping children feel settled, included, and confident while building healthy habits for life.

Fresh, Nutritious & Balanced

Our carefully designed 15-day menu cycle supports healthy growth and development, with food that is nutritious, tasty and, most importantly, fun!

What makes our food special:

- Freshly prepared meals made daily on site
- No added salt or sugar across all menus
- A balance of food groups and age-appropriate portions
- Three nutritionally balanced meals and two snacks each day
- A range of menus (Core, Vegetarian, Pescatarian and Weaning) to reflect different needs, preferences, and stages of development

Inclusive & Allergy-Aware

Children's safety is our priority. We carefully manage allergies, dietary requirements, and cultural or religious needs so every child can enjoy mealtimes safely and confidently.

Our safety measures include:

- Individual health and dietary care plans
 - vegan, vegetarian, halal, kosher, gluten-free or tailored to your child's special diet.
- Clear allergen tracking and colour-coded systems
- Trained teams with food safety and allergy awareness training
- Close partnership with parents and carers

[Check out our menu options](#)



Positive mealtime experience

Mealtimes are calm, sociable, and never rushed. Children eat together, learn good table manners, and are encouraged to develop independence - from feeding themselves to serving their own water. For babies and weaning children, we work closely with families to follow home routines and introduce new foods safely and confidently.

Keeping you informed

We keep you updated daily through our Family app, sharing what your child has eaten and how mealtimes went - giving you confidence and peace of mind.

A young boy with light brown hair is climbing a large, dark tree branch. He is wearing a dark t-shirt with a yellow graphic and olive green pants. He is smiling and looking towards the camera. A woman's face is visible in the bottom right corner, looking up at the boy with a smile. The background is filled with green leaves and branches, with sunlight filtering through. The text "Being outside isn't just about fresh air..." is written in yellow in the top left corner.

Being outside
isn't just about
fresh air...

...it's about learning that if
you want to climb up, you
need to figure out how to get
down again.



Annandale



The Treehouse



Livingston



Elsie Inglis



Renfrew



First Class

Nature's classroom awaits!

Our nurseries offer inviting outdoor spaces, from play areas to access to woodlands, where little explorers can play, fire up their imaginations and learn to appreciate and understand the world around them.

Outdoor play is a key part of our Bright Beginnings Curriculum. It's a chance to see the world from new angles, build resilience, and create lasting memories - whether they're a bug-hunting detective, a tree-climbing champion, or king (or queen) of the castle in a makeshift den.

Eco-School

From growing vegetables, to understanding recycling, our Eco-Schools programme teaches future advocates the importance of environmental sustainability and respect for all living things.

Explore our approach to the great outdoors



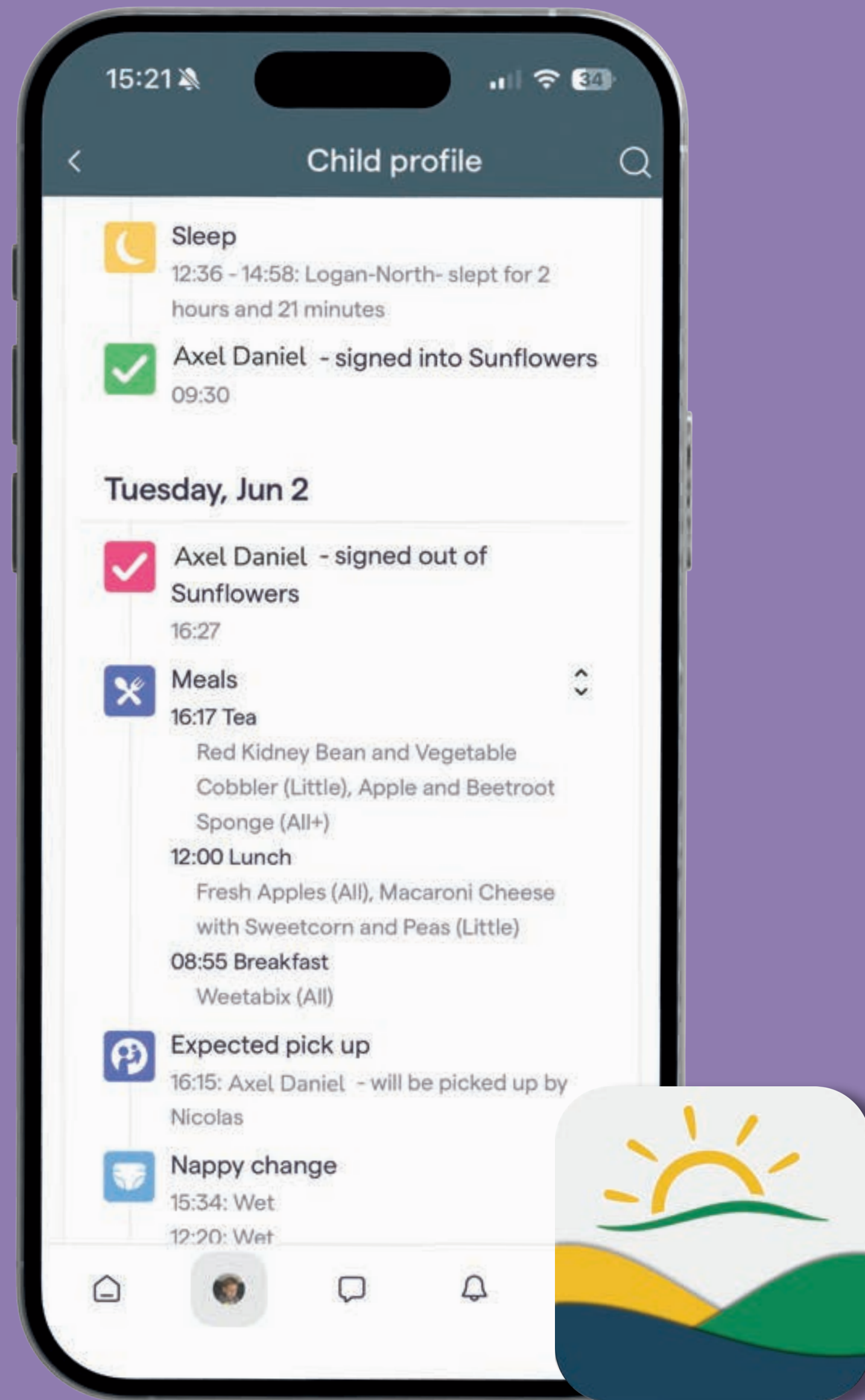
Our partnership with you

*Lottie

Team Lottie*

From day one we're working with you to do the very best for your child.





It's good to talk... and our app helps

- Updates about their child's nursery day
- Progress and development milestones
- Activities and experiences their child has taken part in
- Photos and moments from nursery life
- Important messages and reminders from the nursery team
- Key information shared by practitioners to support continuity between home and nursery

Next steps

Book a personal tour

Now you've seen what childcare looks like at Bright Horizons, it's easy to take the next step.

Visiting your local nursery is a great place to start. Meet the team, explore the spaces, and get a feel for daily nursery life.

Top questions to ask on your tour

- Who will be my child's Key Person?
- What does a typical day look like?
- How do you support settling in and emotional wellbeing?
- How are meals, sleep, and routines managed?

Explore our funding options

Find out about the government funding schemes and employer support to find the best option for your family. Speak to our nursery teams or check out our Funding Hub.

Register online

When you're ready, register your interest digitally via our Parent Portal. Your nursery team will be in touch to guide you through the process and answer any questions.

Secure your place

Pay the registration fee to confirm your child's place and help us prepare for their start.

Settle in & start

- Book settling-in sessions to help your child feel confident and comfortable
- Begin your first day at nursery
- Receive your welcome pack with everything you need to know

[Find a nursery and book your tour](#)

[Visit our FAQs](#)

[Visit our Funding Hub](#)





100% Care Inspectorate rated
‘VERY GOOD’ or ‘GOOD’



9.3* average
daynurseries score
* as of May 2026



We can't wait to welcome you!

This is more than childcare.
This is childhood.



brighthorizons.co.uk 0800 085 4074

