

Kitchen Drums (0-2 Years)

You will need:

- Pots and pans
- Wooden spoons
- Empty plastic tubs

The Activity:

Pots, pans and tins make great drums when you hit them with a wooden spoon. It's fun to compare the different sounds each object makes when your little one hits them. Encourage them to move their body and feel the rhythm.

How this supports your child's learning:

This activity will help support your child's co-ordination when they are trying to hit the pots and pans with the utensils. It will also support brain development by creating pathways between the cells in the brain when different sounds are created.

Extending the activity:

- Use familiar songs and rhymes to sing whilst drumming
- Use different utensils to compare the different sounds they make e.g a plastic spoon compared to a wooden spoon

Keeping Everyone Safe

Make sure there are no sharp edges on the objects you provide



Healthy Hearts
and Minds



Words to introduce during the activity to support language development

Loud	Gently	Stop
Quiet	Quickly	Start
Noisy	Slowly	Music
Softly	Bang	Instrument

TOP TIP:

Offer lots of different utensils for your child to explore this will encourage natural curiosity



Can you draw the items you used as drums?

Eight empty circles arranged in two rows of four, intended for drawing items used as drums.